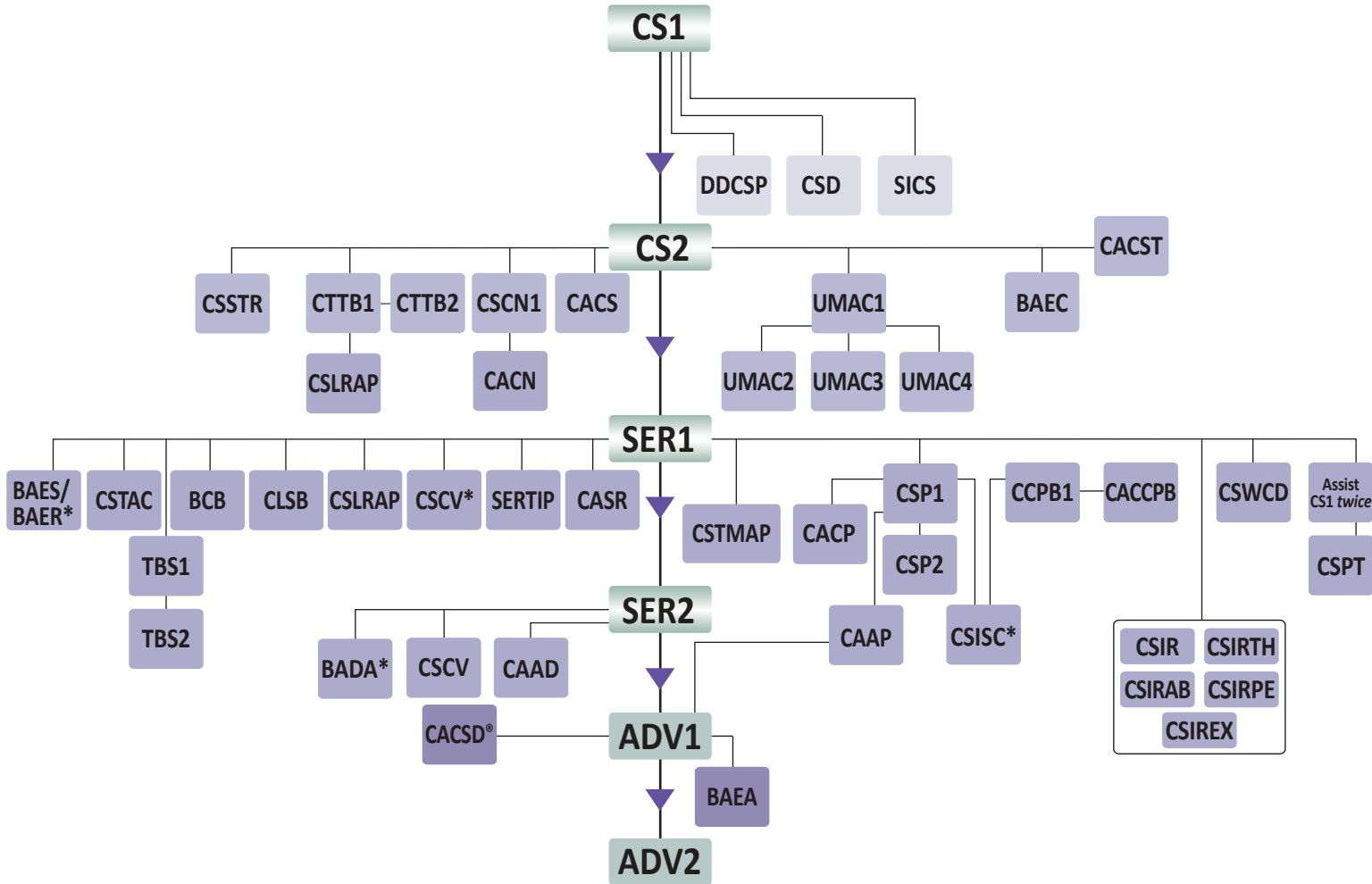


# CranioSacral Therapy Curriculum

Since 1985, the original developer and leader in the evolution of CranioSacral Therapy curriculum.

## Professional Trainings



 = CST CORE PAK

\* = See Upledger.com for prerequisite

Rev. 1/5/26

### Professional Trainings

ADV1	Advanced 1 CranioSacral Therapy
ADV2	Advanced 2 CranioSacral Therapy
BADA	BioAquatic Adv & Dolphins Exploration* BADA prerequisites are SER2 & one of the following: BAES, BAEA or BAER.
BAEA	BioAquatic Exploration, Advanced CranioSacral Therapy
BAEC	BioAquatic Exploration, CranioSacral Therapy 2
BAER	BioAquatic Exploration, Shared Connection* BAER One person in the pair must have completed SER1.
BAES	BioAquatic Exploration, SomatoEmotional Release® 2
BCB	CranioSacral Therapy; Beyond the Cranial Base
CAAD	Clinical Application of Advanced CranioSacral Therapy
CAAP	Clinical Application of Advanced CranioSacral Therapy for Pediatrics
CACCPB	Clinical Application of CST for Conception, Pregnancy & Birthing
CACN	Clinical Applications of CST for Cranial Nerves
CACP	Clinical Application of CranioSacral Therapy & SomatoEmotional Release® for Pediatrics
CACS	Clinical Application of CranioSacral Therapy
CACSD	CranioSacral Therapy Diplomate Certification®
CACST	CranioSacral Therapy Techniques Certification
CASR	Clinical Application of CST & SER
CCPB1	CST Applications for Conception, Pregnancy & Birthing 1
CLSB	Listening to the Second Brain - Enteric Nervous System
CS1	CranioSacral Therapy 1
CS2	CranioSacral Therapy 2
CSCN1	CranioSacral Therapy for Cranial Nerves 1
CSSTR	CST and the Stress Trauma Response; Self-Regulation, Significance Detector and Arcing
CSCV	CranioSacral Therapy and Cyclus Vitae (Life Cycle)
CSD	CranioSacral Dissection
CSIR	CranioSacral Therapy & the Immune Response
CSIRAB	CSIR - Palpating & Treating the Abdomen
CSIREX	CSIR - Palpating & Treating the Extremities
CSIRPE	CSIR - Palpating & Treating the Pelvis
CSIRTH	CSIR - Palpating & Treating the Thorax
CSISC	CST for Infants with Special Circumstances
CSLRAP	CST for Longevity; Reversal of the Aging Process
CSP1	CranioSacral Therapy for Pediatrics 1
CSP2	CranioSacral Therapy for Pediatrics 2
CSPT	CranioSacral Presentation Tools
CSTAC	CST Applications for Concussion
CSTMAP	CST Via the Matrix, Addressing Our Primal Health by Embodying Our Embryology
CSWCD	CranioSacral Therapy & Chronic Depletion
CTTB1	CST Touching the Brain 1; Stimulating Self-Correction Through Glial Interface
CTTB2	CST Touching the Brain 2; Stimulating Self-Correction Through Glial Interface
DDCSP	Developing & Deepening CranioSacral Presence
SER1	SomatoEmotional Release 1
SER2	SomatoEmotional Release 2
SERTIP	SER Technique; Mastering the Inner Physician
SICS	Sensory Integration for CranioSacral Therapists
TBS1	The Brain Speaks 1
TBS2	The Brain Speaks 2
UMAC1	Unwinding Meridians 1: Applying Acupuncture Principles to CST
UMAC2	Unwinding Meridians 2: Applying Acupuncture Principles to CST
UMAC3	Unwinding Meridians 3: Applying Acupuncture Principles to CST
UMAC4	Unwinding Meridians 4: Applying Acupuncture Principles to CST

**Introductory Trainings:** ShareCare, Overview of CranioSacral Therapy, Introduction to CranioSacral Therapy

Some programs may focus on special populations such as Alzheimer's, Autism or Pregnancy. See Upledger.com for offerings.